

PLAZABAR

LUNCH MENU

How are things Cove!

A Covey is someone who is born and bred in the beautiful town of Westport.

Some argue that real "Coveys" are born right here on Castlebar Street!

Over many generations Coveys have developed their own dialect which adds to the charm of our town and gives Westport its distinctive culture.

So to capture this we decided to name our restaurant "Coveys".

LIGHT BITES

OPEN GOATS €10.50 CHEESE SANDWICH **v**

Roasted Mediterranean vegetables, red onion, courgette, goats cheese, basil & garlic pesto topped with rocket leaves & served on sourdough bread

COVEYS CAJUN €10.50 CHICKEN WRAP

Sliced breast of cajun spiced chicken with sweet roasted pepper mayo and sunblushed tomato

ROAST BEEF SANDWICH €11.50

Succulent striploin of beef, horseradish & mustard mayonnaise, pickled cucumber, fresh rocket & red onion served on toasted sourdough

SIGNATURE CHICKEN €11.50 PANOZZO SANDWICH

Italian style sandwich with chicken, jalapeño relish, tomato, lettuce, onion, & parmesan cheese finished with garlic mayonnaise

COVEYS NACHOS **v** €9.50

Mexican corn tortilla chips topped with melted cheddar cheese dip, served with pico de gallo, homemade guacamole & sour cream

JOE'S VEGETARIAN €10.00 PANOZZO SANDWICH

Italian style sandwich with, marinated cherry tomato, roast grilled Mediterranean vegetables, buffalo mozzarella, fresh rocket & basil pesto

STARTERS

HOMEMADE SOUP OF THE DAY **v c** €6.00

Served with house brown bread.

CREAMY ATLANTIC €9.00 SEAFOOD CHOWDER **c**

Salmon, cod, smoked haddock & mussels in a creamy broth, served with house brown bread.

HOUSE GARLIC BREAD **v** €6.90

Pizza base finished with mozzarella cheese, garlic, parsley & extra virgin olive oil. Served with rocket & parmesan salad

PLAZA BRUSCHETTA **v** €7.90

Classic tomato and basil salsa served on our house stone baked flatbread, finished with extra virgin olive oil

MARINATED TIGER PRAWNS **c** €11.90

Grilled king prawns in a lime & chilli marinade, served on house pickled vegetables & an asian style dressing

STICKY BBQ CHICKEN WINGS **c** €9.50

Served with a garlic & chive house dressing

SESAME CRUST DEEP FRIED BRIE **v** €9.90

With mixed leaf salad, plum & cinnamon sauce.

SUPER SALAD **v c** €9.00

Roasted sweet potato, quinoa, beetroot, pomegranate, mixed seeds, olives, avocado & mozzarella cheese

Add chicken	€4.00 extra
Add prawns	€4.50 extra
Add smoked salmon	€4.50 extra
Add goats cheese	€3.00 extra

TOMATO & FETA SALAD **v** €9.00

Heirloom tomatoes and feta cheese drizzled in a balsamic reduction and basil oil. Served with seasonal leaves and homemade sourdough croûtons

Add chicken	€4.00 extra
Add prawns	€4.50 extra
Add smoked salmon	€4.50 extra
Add goats cheese	€3.00 extra

MAINS

TRADITIONAL FISH & CHIPS €16.90

Beer battered fresh haddock, served with pea purée, tartar sauce & homemade chips

GRILLED FILLET OF SALMON c €18.90

Fresh fillet of salmon served on a bed of crushed baby potatoes combined with blushed tomatoes & olives, finished with a white wine velouté

ROAST SUPREME OF CHICKEN €17.90

Served with a creamy wild mushroom sauce, creamed potato and buttered vegetables or chips & salad

BEEF LASAGNE €15.90

Slow cooked beef ragu lasagne, served with homemade coleslaw, chips and garlic bread.

STICKY BBQ CHICKEN WINGS c €14.90

Served with a garlic & chive house dressing & a portion of chips

STEAK SANDWICH €17.90

Chargrilled succulent Irish minute steak with garlic mayonnaise, wild rocket leaves, flat cap mushroom & red onion jam on ciabatta bread. Served with homemade chips.

Add cheese 50c extra

PASTA CARBONARA v €13.90

Tagliatelle pasta in a creamy bacon and parmesan sauce

Add chicken €4.00 extra

Add prawns €4.50 extra

HOUSE INDIAN CHICKEN CURRY c €15.50

Chicken pieces, cooked with Indian spices, tomatoes, peppers and onions. Topped with fresh coriander and almonds.

Served with basmati rice, naan bread and a cucumber & mint raita.

VEGETARIAN CURRY v c €13.50

Indian spices, tomatoes peppers and onions. Topped with fresh coriander and almonds. Served with basmati rice, naan bread and a cucumber & mint raita

SUPER SALAD v c €12.90

Roasted sweet potato, quinoa, beetroot, pomegranate, mixed seeds, olives, avocado & mozzarella cheese

Add chicken €4.00 extra

Add prawns €4.50 extra

Add smoked salmon €4.50 extra

Add goats cheese €3.00 extra

TOMATO & FETA SALAD v €12.90

Heirloom tomatoes and feta cheese drizzled in a balsamic reduction and basil oil. Served with seasonal leaves and homemade sourdough croûtons

Add chicken €4.00 extra

Add prawns €4.50 extra

Add smoked salmon €4.50 extra

Add goats cheese €3.00 extra

SIDES

HOMEMADE CHIPS €4.50

SWEET POTATO CHIPS €5.00

ONION RINGS €4.50

SEASONAL FRESH SALAD €4.50

FRESH VEGETABLES €4.50

CREAMY POTATOES €4.50


COLESLAW €3.50

GARLIC MAYONNAISE €1.00

FOOD ALLERGY NOTICE;

Food prepared here may contain nuts and other ingredients which can cause allergic reactions. If you or any of your guests have an allergy please inform your server and our chefs will be happy to accommodate your needs.

FRIENDLY OPTIONS AVAILABLE:

c COELIAC | v VEGETARIAN |  VEGAN



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GOURMET BURGERS

THE CHICKEN FILLET BURGER c €15.50

Chargrilled chicken breast served with tomato, lettuce, cucumber, red onion & garlic mayonnaise in a brioche bap.

Add cheese 50 c extra
Add streaky bacon €1.50 extra

THE 6OZ BEEF BURGER c €15.90

Served with tomato, lettuce, onion, chefs secret sauce & pickle in a brioche bap.

Add cheese 50 c extra
Add streaky bacon €1.50 extra

THE VEGGIE BURGER v c €14.90

Kuba's house falafel patty with goats cheese, jalapeño relish, lettuce & tomato in a seeded vegan bun. Served with green leaf salad

BEYOND MEAT BURGER © v c €16.00

The world's first plant-based burger that looks, cooks and satisfies like beef without GMOs, soy, or gluten. Served with jalapeño relish, lettuce, tomato, vegan mayonnaise in a seeded vegan bun. Served with green leaf salad

THE ULTIMATE DOUBLE DECKER c €20.90

Signature double burger stacked with cheese, streaky bacon, mushrooms, onion ring, pickles, toasted brioche bun and chefs secret sauce.

**BURGERS SERVED WITH
CHIPS & COLESLAW**

9" LUNCH PIZZA - FORNI VALORIANI

Authentic Italian Stone Baked Artisan Pizza like you've never had before. Our pizza dough is made from 00 Italian flour, fresh yeast, extra virgin olive oil and fermented for 48 hours to enhance its flavour. Using whole ingredients and baked in our Traditional Pizza oven its simple thin charred crust screams authenticity.

MARGHERITA v €12.50

Mozzarella cheese, house tomato sauce, fresh basil pesto

SPICY PEPPERONI PIZZA €14.50

Pepperoni, jalapeño, house tomato sauce, mozzarella cheese

GOATS CHEESE & CHORIZO €14.50

House tomato sauce, spanish chorizo, goats cheese & red onion jam

CLEW BAY SEAFOOD PIZZA €15.90

House tomato sauce, marinated prawns in parsley & garlic, smoked salmon, rocket

VEGETARIAN PIZZA v €14.00

Mediterranean vegetables, olives, rocket, house tomato sauce, mozzarella cheese

HAM & MUSHROOM PIZZA €14.50

Slow cooked ham, garlic roasted portobello mushrooms, Mozzarella Cheese, house tomato sauce

CAJUN CHICKEN PIZZA €14.50

House tomato sauce, cajun spiced grilled chicken breast, jalapeños, mozzarella cheese & barbeque sauce

Gluten Free Pizza Base available on request

ADD TO YOUR PIZZA!

Mozzarella Cheese	€3.00	Rocket Leaves	€1.50	Olives	€1.50
Goats Cheese	€3.00	Portobello Mushroom	€2.00	Garlic Dip	€1.50
Prawns	€4.50	Jalapeños	€1.50	Spanish Chorizo	€3.00
Smoked Salmon	€4.50	Pulled Ham	€3.00	Cajun Chicken	€4.00
Mediterranean Vegetables	€2.50			Pineapple	€1.50