

## LUNCH MENU

## How are things Cove!

A Covey is someone who is born and bred in the beautiful town of Westport. Some argue that real "Coveys" are born right here on Castlebar Street! Over many generations Coveys have developed their own dialect which adds to the charm of our town and gives Westport its distinctive culture. So to capture this we decided to name our restaurant "Coveys".

# STARTERS

€8.50

**€9.50** 

**€8.90** 

HOMEMADE SOUP OF THE DAY v c Served with house brown bread.	€6.50	
CREAMY ATLANTIC SEAFOOD CHOWDER c	€9.50	
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Salmon, cod, smoked haddock & mussels in a creamy broth, served with house brown bread.

### HOUSE GARLIC BREAD v

Pizza base finished with mozzarella cheese, garlic, parsley & extra virgin olive oil. Served with rocket & parmesan.

### PLAZA BRUSCHETTA v

Classic tomato and basil salsa served on our house stone baked flatbread, finished with extra virgin olive oil.

## MARINATED TIGER PRAWNS c

Grilled king prawns in a lime & chilli marinade, served on house pickled vegetables & an asian style dressing

## UOADED FRIES

Choose a topping:

- Truffle mayo & parmesan cheese
- Carbonara sauce
- Chorizo, mozzarella & jalapeno

FOOD ALLERGY NOTICE;

Food prepared here may contain nuts and other ingredients which can cause allergic reactions. If you or any of your guests have an allergy please inform your server and our chefs will be happy to accommodate your needs. FRIENDLY OPTIONS AVAILABLE: C COELIAC I V VEGETARIAN I VEGAN



We support local! Scan here to view our suppliers.

## **BAKED POTATO**

## €10.50

For the perfect comfort food experience.... Fluffy on the inside, crispy on the outside, our oven-baked potato is served with a different topping daily,

Please ask your server for today's topping

## STICKY BBQ CHICKEN WINGS c €9.50

with our homemade ranch dressing

## GOATS CHEESE TARTLET €11.50

Aubergine caponata & goats cheese tartlet, rocket & tomato salad, homemade basil pesto.

## SUPER SALAD v c

withRoasted sweet potato, quinoa, beetroot,<br/>pomegranate, mixed seeds, olives,<br/>avocado & mozzarella cheese.Add chicken€5.00 extraAdd prawns€5.50 extraAdd smoked salmon€5.50 extraAdd goats cheese€4.00 extra

Ask your server for Todays Specials!

€10.50

# MAINS

NEW

#### £18.00 **TRADITIONAL FISH & CHIPS**

Beer battered fresh haddock, served with pea purée, tartar sauce & homemade chips.

#### **GRILLED FILLET OF** NFW ATLANTIC SALMON c

## **€20.90**

Bulgur & grilled vegetable tabbouleh, roasted red pepper & smoked paprika coulis, basil oil.

#### **ROAST SUPREME** NEW

## £17.90

### **OF IRISH CHICKEN c** Celeriac & truffle puree,

green lentils & pearl onions chicken jus.

### **BEEF LASAGNE**

£16.90

Slow cooked beef ragu lasagne, served with homemade coleslaw, chips and garlic bread.

## **STEAK SANDWICH c**

£18.90

Chargrilled succulent Irish minute steak with garlic mayonnaise, wild rocket leaves, flat cap mushroom & red onion jam on rustic sourdough demi baguette. Served with homemade chips. Add cheese 50c extra

Gluten Free available on request

### NEW AUTHENTIC INDIAN CHICKEN CURRY c

## £18.50

Carefully prepared by our Chef Piyush Sharma hailing from the 'City of Love', Uttar Pradesh. Perfect balance of spices & flavours complemented by crispy onion & fresh coriander.

Served with naan bread & basmati rice.

#### **€14.50** VEGETARIAN CURRY v c 🥖

Carefully prepared by our Chef Piyush Sharma hailing from the 'City of Love', Uttar Pradesh. Perfect balance of spices & flavours complemented by crispy onion & fresh coriander. Served with naan bread & basmati rice.

## SUPER SALAD v c 🥖

£13.90

Roasted sweet potato, quinoa, beetroot, pomegranate, mixed seeds, olives,

avocado & mozzarella cheese

Add chicken	€5.00 extra
Add prawns	€5.50 extra
Add smoked salmon	€5.50 extra
Add goats cheese	€4.00 extra

# SIDES

HOMEMADE CHIPS	€5.00
SWEET POTATO CHIPS	£5.50
ONION RINGS	€5.00
SEASONAL FRESH SALAD	€5.00
FRESH VEGETABLES	€5.00
CREAMY POTATOES	€5.00
COLESLAW	€3.50
GARLIC MAYONNAISE	€2.50

# **GOURMET BURGERS**

## THE CHICKEN FILLET BURGER c €16.50

Chargrilled chicken breast served with tomato, lettuce, cucumber, red onion & garlic mayonnaise in a brioche bap. Add cheese €1 extra €2.50 extra Add streaky bacon

THE 60Z BEEF BURGER c £17.90 Served with tomato, lettuce, onion, chefs secret sauce & pickle in a brioche bap. Add cheese €1 extra Add streaky bacon €2.50 extra

BEYOND MEAT BURGER <sup>©</sup> v c **⊄** €17.90 The world's first plant-based burger that looks, cooks and satisfies like beef without GMOs, soy, or gluten. Served with jalapeño relish, lettuce, tomato, vegan mayonnaise in a seeded vegan bun. Served with green leaf salad

## **ALL BURGERS SERVED WITH CHIPS & COLESLAW**

Gluten Free available on request

# 9"LUNCH PIZZA FORNI VALORIANI

Experience the true taste of Italy with our authentic, stone-baked artisan pizza. Our pizza dough is crafted in-house from the finest 00 Italian flour, fresh yeast, and extra virgin olive oil, fermented for 48 hours to enhance its flavors. The sauce is made with the freshest Italian tomatoes and the pizza is topped with original Italian Fior di latte cheese. Every bite will transport you to the beautiful, rustic landscape of Italy, where food is not just a meal but a celebration of life.

Mozzarella cheese,tomatoBianco bisauce, fresh basil pestoricotta, f	<b>/EGETARIAN v€15.00</b> based pizza, topped with lemon & basilfinished with oven roasted juicy
SPICY PEPPERONI€15.50Pepperoni, jalapeño, tomatoHAM & N	omato, olives & fresh rocket leaves <b>MUSHROOM PIZZA €15.50</b> oked ham, garlic roasted
GOATS CHEESE & CHORIZO€15.50Tomato sauce, spanish chorizo,	llo mushrooms,mozzarella tomato sauce CHICKEN PIZZA €15.50
GOATS CHEESE & ROCKET €15.50 grilled ch	sauce, cajun spiced hicken breast, jalapeños, Ila cheese & barbeque sauce
Gluten Fr	ree Pizza Base available on request
ADD TO YOUR PIZZA! Mozzarella Cheese€4.00 Smoked Salmon €5.50 Ca	ajun Chicken €5.00 Portobello <del>(</del>

Mozzarella Chee	se€4.00	Smoked Salmon
Rocket Leaves	€2.50	Pulled Ham
Goats Cheese	€4.00	Garlic Dip
Jalapeños	€2.50	Spanish Chorizo

NFW

€5.50	Cajun Chicken	€5.00	Portobello	€3.00
<b>€4.50</b>	Prawns	€5.50	Mushroom	
<b>€2.50</b>	Olives	<b>€2.50</b>	Parmesan	€3.00
€4.00	Pineapple	<b>€2.50</b>	Cheese	