

FACE

The 3 Sundāri facials begin with a foot cleanse and exfoliation and includes 2 types of Ayurvedic inspired facial massage.

PURIFYING FACIAL

Benefit: balance oily/combination skin. Our purifying treatment uses specialised massage techniques to get specific results: normalising oil production, draining out impurities and also stimulating lymphatic flow, refining pores and clarifying skin – all while relaxing the mind.

60mins €85

NEEM HEALING FACIAL TREATMENT

Benefit: repair for sensitive skin. Soothe and purify even the most delicate skin by sharing the benefits of neem, known in India as the “pharmacy tree.” Heal, hydrate and firm – restoring sensitive or irritated skin and renew its youthful glow.

60mins €85

OMEGA 3 SUPPLYING FACIAL

Benefit: ultra hydration for dehydrated skin. Breathe new life into dry or stressed skin with this deeply nourishing, intensely hydrating facial. Our own omega 3+ complex uses naturally active ingredients to restore skin’s lost lipids – softening, renewing and awakening your natural glow.

60mins €85

LAWAN BEAUTIFYING ORGANIC FACIAL

Benefit: maintenance of healthy, young, problem-free skin.

A beautifying Ytsara organic facial for all complexions that need brightening and luminosity. An exotic synergy of pink lotus flower and neroli are used to hydrate, nourish and give the skin radiance leaving it purified and refined with a healthy glow.

60mins €75

TASOUAY AWAKENING EYE TREATMENT

Let your eyes be pampered and rejuvenated with this amazing treatment that combats fine lines, puffiness and dark circles. A secret blend of warm, botanical ingredients from our Asian garden will gently nourish and soothe your eyelids. The light touch of shiatsu and lymphatic drainage massage, accompanied with a quenching floral serum, will then reduce puffiness and dark circles. The treatment finishes with a cranial pressure points massage while your eyes rest under a relaxing aromatherapy eye cushion.

60mins €60

SUNDĀRI SHIRODHARA-JOURNEY TO SERENITY

A powerful therapeutic experience based on Ayurvedic healing therapy in use for thousands of years. True Shirodhara changes the balance of your life by awakening the senses, invigorating the soul and giving back a sense of total wellbeing. Your therapist directs a warm stream of oil onto the forehead, then massages it into the hair and scalp to nourish and condition, while imparting deep relaxation.

20mins (add on) €40

This treatment is only available as an add on to other treatments

